Support for relatives & carers

When Someone You Love Has Dementia by Elliott-Wright, S
Looks at the practical and emotional issues to consider if you suspect or know that someone you love has dementia.

Shelved at WM 225 ELL

Dementia: Support for Family and Friends by Pulsford, D & Thompson, R
Explores each stage of the "journey with dementia" and explains how it will affect the person with the condition and those around them. Also gives practical advice which aims to help ensure the best possible quality of life both for the person with dementia and those around them.

Shelved at WM 224 PUL

Specifically designed for carers with English as a second language this guide focuses on the importance of good day-to-day communication and interaction between patients and carers.

Shelved at WM 224 SAL

10 Helpful Hints for Carers: Practical Solutions for Carers Living with People with Dementia by Dementia Services Development Centre
Provides simple, practical solutions to the everyday problems family carers can face when looking after a person with dementia, including how to cope with aggression, 'wandering', sleeplessness and how to cope with dementia and depression.

Shelved at WM 224 DEM

10 helpful hints for heating and lighting for people with dementia and their carers by Dementia Services Development Centre
This easy-to-read guide features practical tips that will help a person with dementia manage their costs while staying warm, safe and comfortable at home.

Shelved at WM 224 DEM

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Information & Advice

Alzheimer's and Other Dementias: Answers at your Fingertips by Bailey, A.
Provides knowledge, information and support on how to cope with dementia.
Shelved at WM 224 BAI

ABC of Dementia by Coope, B & Richards, F
A practical guide to help healthcare professionals develop knowledge, skills, confidence and an understanding of dementia, in order to support those with dementia to live well.
Shelved at WM 224 COO

Coping with Memory Problems by Baxendale, S.
Suggests practical ways of coping with memory loss, as well as what to do if you are concerned about your tendency to forget things, or if you are caring for someone who has memory difficulties
Shelved at WL 708 BAX

About Dementia: for people with learning disabilities by Dodd, K, Turk V & Christmas, M
Provides answers to the most commonly asked questions relating to dementia. Designed to help more able people with learning disabilities to understand and talk about dementia.
Shelved at WM 896 DOD

Grandma by Shepherd, J.
This touching story, told in Oscar's own words, is a positive and practical tale about the experience. Contains a factual page about dementia aimed to help children talk about their feelings and find new ways to enjoy the changing relationship.
Shelved at WM 225 SHE

Understanding Alzheimer's Disease & Other Dementias by Graham, N & Warner, J
Intended for anyone who has, or may be worried that they or their family and friends have, dementia. Aims to provide a better understanding of what causes dementia and how it is diagnosed and treated.
Currently on order

Living well

First steps to living with dementia by Atkins, S.
A short, comprehensive introduction to dementia, setting out the facts about the condition. Advises on diagnosis, treatments and other support available to those with the condition & their families, friends and/or carers.
Shelved at WM 225 GRE

Dementia positive: A handbook based on lived experiences... by Kerrick, J.
Handbook for anyone living with a dementia diagnosis, as well as dementia care professionals and relatives seeking further insight into the condition.
Shelved at WM 225 KIL

Hearing the Person with Dementia... by McCarthy, B
Written with family & professional carers in mind this book explains what happens to communication as dementia progresses, how this may affect an individual's memory, language and senses & how carers might need to adapt their approach as a result.
Shelved at WM 224 MCC

Positive Psychology Approaches to Dementia by Clarke, C
Reviews current evidence and explores how psychological constructs such as hope, humour, creativity, spirituality, wisdom, resilience and personal growth may be linked with wellbeing and quality of life in dementia.
Shelved at WM 224 CLA

Can I tell you about Dementia?: a guide for family, friends and carers by Welton, J.
Written from the perspective of a man with dementia this book aims to help others understand the challenges faced and the changes it causes. Also provides advice on how to help someone with dementia stay as active as possible, keep safe and continue to feel cared for and valued.
Shelved at WM 225 WEL