

Iritis or uveitis

Information for patients

This leaflet has been produced to give you information about Iritis or uveitis. We hope it will help you and your recovery. It is not a complete guide, so if you have any questions or you require further explanations please do not hesitate to ask a member of staff who is caring for you.

What is iritis or uveitis?

The iris is the coloured part of the eye, iritis means this has become inflamed. The symptoms that can be experienced are misty vision redness of the eye and a dull ache, which is worse in bright light.

How is it treated ?

Drops are used to treat this problem. Most people respond to the drops within a few days. The drops used are:

Steroid drops

These are used during the day as eye drops, and occasionally on a night as a long acting cream. As your symptoms improve you may be asked to gradually reduce the number of drops you use each day.

What are the side effects of steroid drops?

Allergy - If you are allergic to the preservatives in the eye drops your eye will become red and irritated, please ring the helpline for advise. Prolonged use may cause catarats or a raise in the pressure of the eye, if you are worried contact your G.P.

Drops to dilate the pupil

These may make your vision blurred and can interfere with driving.

It is important to instil these drops as they reduce the pain and guard against complications.

Will the iritis or uveitis comes back?

Sometimes iritis can come back so it is important to go to your G.P as soon as symptoms return, so that you can be treated promptly.

**Who do I contact for further help and advice?
Please contact the hospital where you had your
treatment.**

Boothroyd Day Unit

Dewsbury Hospital 01924 816155

**Pinderfields Day/Short Stay Unit 01924
541854**

Pontefract Day Unit 01977 747547

**Waiting List office (operations) 01924 542987
or 01924
543338**

**Eye Condition advice 01924
816027**

Other useful information can be found at:

NHS Choices - www.nhs.uk

We are committed to providing high quality care. If you have a suggestion, comment, complaint or appreciation about the care you have received, or if you need this leaflet in another format please contact the Patient Advice and Liaison Service on:01924 542972 or email:pals@midyorks.nhs.uk

To contact any of our hospitals call:0844 811 8110
To book or change an appointment call:0844 822 0022

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