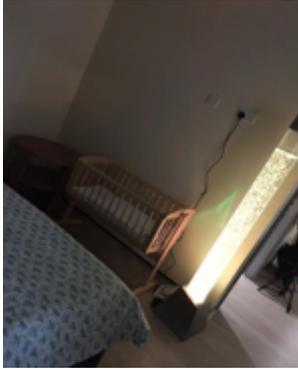


Bronte Birth Centre offers you:

- Four birth rooms with facilities and furnishings to provide you with a comfortable home from home atmosphere.
- Private rooms each with en-suite facilities.
- Two state of the art birth pools with mood lighting. Facilities available for you and your birth partner to rest after the baby and overnight stay if needed.
- Gas and Air (Entonox) and Meptid injection are available for pain relief if needed.
- We offer waterbirth, birth balls, floor mats, birth stools and encourage alternative coping strategies such as hypnobirthing, massage and the use of tens machines.



If you would like to know more about caseloading midwifery and the benefits it provides to and your baby, or you would like to arrange for your antenatal/ postnatal care to be at the

Bronte Birth Centre, please call us at the birth centre on:

01924 319152

Or speak to your Community Midwife

We are committed to providing high quality care. If you have a suggestion, comment, complaint or appreciation about the care you have received, or if you need this leaflet in another format please contact the Patient Advice and Liaison Service on: **01924 542972** or email: **myh-tr.palsmidyorks@nhs.net**

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Antenatal, birth and postnatal care services at Bronte Birth Centre

'appointments that fit in around you and your family, 7 days a week'

Striving for excellence

Congratulations on your pregnancy!

Having a baby is an emotional, intense and life changing event, at Bronte Birth Centre we will do everything we can to make the birth of your baby a positive experience for you and your family.

We have a holistic approach to birth, and will work in partnership with you to help you make decisions about your care and support the choices you make.

Bronte Birth Centre is a specially designed freestanding midwifery-led unit, staffed by midwives and maternity support workers and is suitable for women who are having a low-risk pregnancy.

Our team can offer you appointments that fit in around you and your family, 7 days a week.



What is caseloading and how can it benefit me and my baby?

Continuity of care in pregnancy is when a woman is supported by a small team of midwives that she gets to know and with whom she is able to build a relationship of trust.

This relationship starts in early pregnancy and continues throughout your pregnancy and on into the postnatal period.

At the Bronte Birth Centre we want to extend this to include knowing a small number of midwives that will provide care in pregnancy, labour and postnatally.

Women are more likely to mention concerns to someone they trust and it is easier for midwives to spot a problem in someone they have come to know. Research shows that women who receive continuity of care during and after pregnancy are less likely to give birth prematurely and have fewer complications than those receiving standard care.



How will caseloading work for me?

Your antenatal midwife appointments will be at the birth centre. You will be cared for by a small team of midwives who you will meet during your pregnancy so when you are in labour you will have a familiar face with you.

As we are open 24 hours, 7 days a week, your appointments can be flexible and made to fit around your home life. Appointments are unrushed, allowing time to explore your pregnancy needs and questions.

This, along with our calm surroundings will help you feel more relaxed and confident throughout your pregnancy and labour. Our skilled and knowledgeable midwives are specialists in supporting and caring for women who are having a straight-forward labour and birth.

