



The Mid Yorkshire Hospitals  
NHS Trust

# Protecting yourself and others from coronavirus whilst visiting our hospitals

The health, safety and wellbeing of our patients, communities, individuals and teams remain our absolute priority. If you have any of the following symptoms please do not visit our hospitals unless instructed by a health professional:

- high temperature
- new, continuous cough
- loss or change to your sense of smell or taste.

### ***When you come to any of our hospital buildings:***

#### **1. Bring and wear a face covering on entering the hospital**

This is a national requirement due to evidence from the Scientific Advisory Group for Emergencies (SAGE) who confirmed face coverings can help reduce the risk of transmission if you are suffering from coronavirus, but not showing symptoms.

This does not have to be a surgical mask.

For advice on wearing a face covering and making a simple cloth face covering visit: [www.gov.uk/government/publications/how-to-wear-and-make-a-cloth-face-covering](http://www.gov.uk/government/publications/how-to-wear-and-make-a-cloth-face-covering)



***We will ask individuals who refuse to wear face coverings to leave the hospital, unless a clinician assesses this will impact on your health.***

#### **2. Wash your hands or use hand sanitiser regularly:**

- when putting on or taking off face coverings
- on entering and exiting the hospital
- on entering and exiting any ward or department you visit
- as soon as you get home.

Avoid touching your eyes, nose, mouth and any face coverings with unwashed hands.

### **3. Think social distance:**

- Try to maintain social distancing throughout your visit, including all communal areas - the distance advised may be greater than that of non-hospital settings
- Please follow relevant signage and guidance
- There is a maximum occupancy of 2 people in the lifts
- Please attend appointments alone, unless support is required from one carer. This will help to reduce the number of people in our buildings and potential risk of transmission.

### **4. Keep left in corridors and stairs:**

- Follow one-way flows where suggested
- Please spend the least amount of time in our hospital buildings as possible and do not visit any other areas.

If at any point following your visit you display symptoms of COVID-19 you should follow the NHS guidance about self- isolating:

**<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>**

### **Steps to safer working:**

- We have carried out COVID-19 risk assessments
- We have cleaning, handwashing and hygiene procedures in line with guidance
- We have taken reasonable steps to maintain a safe distance from each other
- Where people cannot be apart, we have done everything practical to manage transmission risk; you will witness that staff wear face masks and other personal protective equipment.

We have updated our Visitor's Charter to reflect the situation around Covid-19. The Charter explains what visitors and outpatients can expect from our staff and what we in return expect from you. A copy can be found on the 'Visiting someone in hospital' page of our website [Midyorks.nhs.uk](http://Midyorks.nhs.uk).

***Many thanks for your cooperation in working together to protect yourselves and others.***

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We are committed to providing high quality care. If you have a suggestion, comment, complaint or appreciation about the care you have received, or if you need this leaflet in another format please contact the Patient Advice and Liaison Service on: **01924 542972** or email: **myh-tr.palsmidyorks@nhs.net**

**2056a**

Published July 2020  
Review Date 2021



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